**HANDOUT 5 ASSESSMENT (20MKS)**

1. State whether **true** or **false**.
2. Allow the elder change from his/her routine time to time. (1/2 mark)
3. You should encourage elders to be independent. (1/2 mark)
4. State 5 ways in which you would help an elder read comfortably. (5marks)
5. State 4 ways to involve an elder in social activities. (4marks)
6. State 5 preparations for an outing with an elder. (5marks)
7. State 5 benefits of taking an elder outdoors. (5marks)